



Elyse's Catering, Inc.
3238 Capitol Boulevard South
Tumwater, WA 98501
Phone (360) 943-5555 Fax (360) 754-2422
www.elysescatering.com

HEALTHY BOX LUNCHES

****Please select no more than 3 varieties per order****

Salad Selections \$13.00 each

Ginger Chicken Salad - Chicken breast marinated in fresh ginger, soy sauce, garlic and toasted sesame seeds. Served on a bed of fresh spinach with sliced carrots and zucchini. Served with our ginger sesame dressing.

Turkey Cranberry Salad - Chilled, oven roasted turkey, dried cranberries, toasted almonds, chopped celery, and spring greens. Served with our citrus vinaigrette.

Veggie Chef Salad – Salad greens, hard boiled eggs, tomato, avocado, broccoli, mushrooms, red onion, cheddar cheese and cucumber slices. Served with our balsamic vinaigrette.

Salads served with dinner roll & butter, Elyse's cookie and bottled water or soda.

Sandwich Selections \$12.50 each

Turkey Breast - Sliced Turkey breast on whole wheat bread with lettuce, tomato and deli mustard (add light mayo optional).

JV Special (Vegan option) - Hummus, guacamole, fresh spinach, onion and tomato on whole wheat bread.

Pout - Turkey, cranberry, cream cheese plus toasted almonds and chopped lettuce, served in a pita pocket.

“Pro” Bagel – Turkey, Swiss, Dijon mustard & lettuce on a fresh baked bagel.

Slim Jim - Turkey, Roast Beef, Mozzarella, lettuce, tomato, red onion and deli mustard on sourdough.

Wrap Selections \$12.25 each

Garden Ranch Wrap - Cream cheese, ranch dressing, chopped spinach, artichoke hearts, diced red onion, shredded carrots, chopped green bell pepper, and sliced cucumber in a spinach wrap.

Cheddar Turkey Wrap - Turkey breast, cream cheese, cheddar cheese, Dijon mustard, chopped fresh spinach, sliced green onion, and sliced cucumber in a spinach wrap.

Curry Chicken Wrap - Grilled chicken breast, cream cheese, curry powder, chopped lettuce, shredded carrot, raisins, and sliced almonds in a sun-dried tomato wrap.

*****Sandwiches and Wraps are served with baked potato chips, carrots & ranch dip, an Elyse's cookie and a bottled water or soda.*****

Price listed does not include delivery charges or state sales tax.
Where needed, lunches include plastic forks and napkins.
Food services provided by Elyse's Catering, Inc.